



# SCHOOL ENGAGEMENT PROGRAM

## HOW TO BOOK US?

We look forward to working with you and your students. If you are interested in this fun and free program, please don't hesitate to contact us.

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This proposal was made for the benefit of the Fleurieu community and:

- Aldinga Bay Hockey Club
- Goolwa Hockey Club
- Victor Harbor Hockey Club
- Yankalilla Hockey Club

Field Hockey has a rich history on the Fleurieu Peninsula, being active for more than 50 years. Schools on the Fleurieu were amongst the first community stakeholders to be involved in the development of the sport in the area. We wish to keep our community engagement strong by working with your school to promote hockey through our free come and try program.

Hockey can be a great way to introduce children to sport, build skills, and foster team collaboration.

We are a unique sport but are inclusive of all age groups from 5- 17 years of age.

## Age Group Breakdown

- **Junior (5-8 years):**  
Introduction to the basics of field hockey.
- **Intermediate (9-12 years):**  
Skill development and understanding of game tactics.
- **Advanced (13-17 years):**  
Advanced skill enhancement, strategy, and team play.





## DEVELOPMENT PROGRAM OVERVIEW

### AUSTRALIAN CURRICULUM LINKS

#### Years 3 & 4

Being healthy, safe and active  
([ACPPS036](#))

Contributing to healthy and active communities  
([ACPPS040](#))

Moving our body  
([ACPMP043](#))  
([ACPMP045](#))

Learning through movement  
([ACPMP048](#)) ([ACPMP050](#))

#### Years 5 & 6

Contributing to healthy and active communities  
([ACPPS059](#))  
([ACPPS060](#))

Moving our body  
([ACPMP061](#))  
([ACPMP063](#))

Understanding movement  
([ACPMP06](#)) ([ACPMP065](#))

Learning through movement  
([ACPMP067](#)) ([ACPMP069](#))

### Program Structure

#### Duration:

- **1 Week:** A focused, short-term full day or after-school program.
- **2 Weeks:** Extended introduction with more time for skills and drills.
- **3 Weeks:** Intensive skill development, team tactics, and match play.

Each session comprises fundamental skills with plenty of fun, interactive games. We offer flexible options, including full-day programs for each class or half-day programs tailored to specific age groups. After-school programs are always popular.

#### *Has your school got an OSHC?*

***We can even offer school holiday programs to suit.***

### Key Components

#### 1. Skill Development

- Dribbling
- Passing
- Shooting & Scoring
- Defensive Skills
- Goalkeeping

#### 2. Game Understanding

- Rules of the Game
- Positioning
- Game Scenarios

#### 3. Teamwork & Communication

- Team Building Activities
- Sportsmanship

#### 4. Fun & Engagement

- Games
- Certificates & Awards

